



Banchory Academy

Home Economics Information – S1

The Home Economics course is taught over 2 years and is composed of units including Safety and Hygiene/Consumer Technology, Nutrition, Enterprise and Healthy Eating.

Pupils are expected to pay the cost of specific ingredients provided by school, and the cost is notified to parents at the beginning of Term 1 each year.

Please assist your child to come to Home Economics fully prepared for each lesson with:-

- Folder containing workbooks and recipes.
- Food required for lesson - fruits, vegetables and items such as bread - most foods are provided by school.
- Box or ovenproof dish. Labelled with name and class please.
- Bobble to tie back hair if required.

At the end of HE class pupils' foods are placed in the chiller until the end of the day. Pupils should collect their foods at 3.40 and store correctly at home.

Foods to be eaten hot should be stored in the fridge (up to 24 hours) before being reheated thoroughly (piping hot).

Foods to be eaten cold should be stored in the fridge (up to 24 hours) before eating.

Baked items should be eaten within 24 hours.

Foods not collected at the end of the day will be disposed of the next day and pupils should collect dishes/ containers from the department as soon as possible.

Hygiene - pupil should not be wearing nail varnish and if they have gel nails they should be equipped with their own food prep gloves.

Homework - Pupils are expected to come to class fully prepared for cookery, having read over recipes as well regularly practicing skills and revising for assessment.

Should your child have any allergies to foods, cleaning materials, soaps or plasters please contact Mrs Skinner at Banchory Academy with details.